

CHING-SHAN CHING-KO

(Taiwan)

This dance came from Tai-Don, which is in the east part of Taiwan. "Ching-Shan" is "green mountain" (different from the name of author Ching-Shan Chang, only same pronunciation). Literal translation is 'Mountain's Love Song'.

Pronunciation: CHING-SAN CHING GUH

Music: C.C.S - 1980 2/4 meter

Formation: Using step described, you can dance alone, with ptr, in a line or a circle. You can dance in place, move fwd, bkwd, sdwd, turn, move around ptr, and you may beg to dance in any direction.

MeasPattern

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| 1 | Step fwd on R, hands about 10" in front of face, elbows bent, palms fwd, fingers up (ct 1); step on L beside R, hands move down to waist level (ct 2). |
| 2 | Step bkwd on R, move hands to R side about chest level (ct 1); step on L beside R, move hands to L side about chest level (ct 2).                      |

NOTE: After each step, take a slight bounce on the "&" ct.

When dancing with a ptr, keep eyes on ptr. Head tilts from side to side (with stepping ft).

When dancing alone, eyes follow the hands.

Presented by Ching-Shan Chang